

# RAPHAELLA ALEOTTI

(1570-1646?)

Musica per le monache di San Vito  
*Music for the Nuns of San Vito*

## CAPPELLA ARTEMISIA

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Testi / *Texts*

1. Sancta et immaculata virginitas  
quibus te laudibus efferam nescio:  
quia quem cæli capere non poterant,  
tuo gremio contulisti.

Virginity holy and unspotted,  
I know not how to utter your praises;  
For you carried in your womb  
The one whom the heavens cannot contain.

2. Hodie nata est beata Maria  
ex progenie David  
cuius vita gloriosa lucem dedit seculo;  
nativitatem beatæ Virginis Mariæ  
cum gaudio celebremus;  
per quam salus mundi  
credentibus apparuit,  
cuius Dominus humilitatem respexit,  
quæ angelo nunciante concepit  
salvatorem mundi.

Today the Blessed Virgin Mary was born  
Of the line of David.  
Her glorious life gave light to the world.  
Let us celebrate with joy  
The Nativity of the Blessed Virgin Mary.  
Through her the salvation of the world  
Appeared to believers  
Whose lowliness the Lord regarded;  
Who conceived the Savior of the world  
At the angel's announcement.

3. Congratulamini mihi omnes  
qui diligitis dominum:  
quia cum essem parvula placui altissimo,  
et de meis visceribus  
genui deum et hominem;  
beatam me dicent omnes generationes,  
quia ancillam humilem respexit deus.

Rejoice with me, all you who love the Lord;  
For, even when I was a little girl,  
I pleased the Most High,  
And from my womb  
I have brought forth God and man.  
All generations shall call me blessed,  
Because God has regarded His lowly handmaid.

4. Exurgat Deus (Ps. 67)  
et dissipentur inimici eius,  
et fugiant qui oderunt eum.  
Sicut deficit fumus, deficient:  
sicut fluit cera a facie ignis,  
sic pereant peccatores a facie Dei.

Let God arise,  
And let his enemies be scattered:  
Let also them who hate him flee.  
As the smoke vanishes, So shall you drive them away:  
And like wax that melts at the fire,  
So let the ungodly perish at the presence of God.

5. Obstupescite caeli  
et portae eius desolamini in die ista.  
Quia hodie sanctus Johannes  
ad Paradisi gloriam evolavit gloriosus.  
Laetamini gentes,  
gaudete populi et exultate omnes  
quia non fecit taliter omni nationi  
et misericordiae eius plena est terra.  
Iste homo si terrena despexit  
coronam meruit.  
Cuius in honore canunt Angeli  
dicentes: veni, o felix vir,  
veni coronaberis  
et gloria Libani erit gloria tua.

Be astonished, O heavens,  
And you gates thereof, be very desolate this day  
For today glorious saint John  
Has flown in glory to glorious Paradise.  
Rejoice, people,  
Be glad and exult, everyone,  
For he has not dealt so with any nation  
And the earth was full of mercy.  
This man, so despised on earth  
Is worthy of the crown.  
In his honor the angels sing  
Saying: come, happy man,  
Come, you shall be crowned  
And the glory of Lebanon will be your glory.

6. Iubilate Deo omnis terra (Ps. 99)  
servite Domino in lætitia,  
Introite in conspectu eius  
in exultatione.

Sing joyfully to God, all the earth:  
Serve ye the Lord with gladness.  
Come in before his presence  
With exceeding great joy.

7. Diligam te, Domine, (Ps. 17)  
fortitudo mea.  
Dominus firmamentum meum,  
et refugium meum et liberatur meus.  
Deus meus adiutor meus,  
et sperabo in eum.  
Protector meus, et cornu salutis meae,  
et susceptor meus.  
Laudans invocabo Dominum  
et ab inimicis meis salvus ero.

I will love you, O Lord,  
My strength.  
The Lord is my firmament,  
My refuge and my deliverer.  
My God is my helper,  
And in Him will I put my trust.  
My protector and the horn of my salvation  
And my support.  
Praising, I will call upon the Lord  
And I shall be saved from my enemies.

8. Surge propera amica mea (Cant. 2:10)  
speciosa mea, et veni.  
Columba mea, in foraminibus petrae,  
in caverna maceriae,  
ostende mihi faciem tuam,  
sonnet vox tua in auribus meis,  
vox enim tua dulcis,  
et facies tua decora.

Arise, my love,  
My fair one, and come away.  
O my dove, that art in the clefts of the rock,  
In the secret places of the stairs,  
Let me see your countenance,  
Let me hear your voice;  
For sweet is your voice,  
And your countenance is comely.

9. Beatus Laurentius,  
dum in craticula superpositus ureretur,  
orabat dicens: Domine Jesu Christe,  
Deus de Deo, miserere mihi.

Blessed Lawrence,  
While being roasted on the grate,  
Kept praying, saying: "Lord Jesus Christ,  
God from God, have mercy on me."

10. Miserere mei Deus, (Ps. 56)  
miserere mei,  
quoniam in te confidit, anima mea,  
et in umbra alarum tuarum  
donec transeat iniquitas.

Have mercy on me, O God,  
Have mercy on me:  
For my soul trusts in thee, my soul,  
And in the shadow of thy wings  
May iniquity pass away.

11. Lauda Syon Salvatorem,  
lauda ducem et pastorem  
in hymnis et canticis.

Quantum potes tantum aude  
quia maior omni laude  
nec laudare sufficis.  
Laudis thema specialis  
panis vivus et vitalis  
hodie proponitur  
quem in sanctæ mensa cenæ  
turbæ fratum duodenæ  
datum non ambigitur.  
Ecce panis angelorum  
factus cibus viatorum  
vere panis filiorum,  
non mitendus canibus.  
Bonæ pastor panis veræ,  
Iesu nostri miserere  
tu nos pasce, tu nos tuere,  
tu nos bona fac videre  
in terra viventium.  
Tu qui cuncta scis et vales  
qui nos pasces nic mortals  
tuos ibi comensales  
coheredes et sodales  
fac sanctorum civium.

Zion, to thy Savior sing,  
To thy shepherd and thy king!  
Let the air with praises ring!  
All thou canst proclaim with mirth,  
Far higher is His worth  
Than the glory words may wing.  
Lo! before our eyes and living  
Is the Sacred Bread life-giving,  
Theme of canticle and hymn.  
We profess this Bread from heaven  
To the Twelve by Christ was given,  
For our faith rest firm in Him.  
Hail! Bread of the Angels, broken,  
For us pilgrims food, and token  
Of the promise by Christ spoken,  
Children's meat, to dogs denied!  
Jesus, Shepherd mild and meek,  
Shield the poor, support the weak;  
Help all who Thy pardon sue,  
Placing all their trust in You:  
Fill them with Your healing grace!  
Source of all we have or know,  
Feed and lead us here below.  
Grant that with Your Saints above,  
Sitting at the feast of love  
We may see You face to face.

12. Facta est cum angelo (Luc. 2:13)  
multitudo coelestis exercitus  
laudantium Dominum et dicentium:  
Gloria in excelsis Deo, et in terra pax hominibus bo-  
nae voluntatis. Alleluia.  
Gaudet exercitus angelorum: Quia salus apparuit.

There was with the angel  
A multitude of the heavenly host  
Praising God and saying:  
“Glory to God in the highest, and peace on earth  
To men of good will. Hallelujah.”  
Hosts of angels, rejoice, for salvation has come.

13. Congregati sunt inimici nostri  
et gloriantur in virtute sua,  
contere fortitudinem illorum Domine  
et disperge illos ut cognoscent  
quia non est alius  
qui pugnet pro nobis nisi tu Deus noster,  
disperde illos in virtute tua Domine.

Our enemies have gathered together  
And they are boasting of their power.  
Destroy their strength, O Lord,  
And scatter them, that they may know  
That there is no one who fights for us  
But you, our God.  
Scatter them by your power, O Lord.

14. Ascendens Christus in altum, alleluia,  
captivam duxit captivitatem, alleluia,  
dedit dona hominibus, alleluia.  
Ascendit Deus in iubilatione, alleluia.

Ascending on high, hallelujah,  
Christ led captivity captive, hallelujah,  
He gave gifts to men, hallelujah,  
God monts His throne amid shouts of joy, hallelujah.

15. De la Donna ch'adora  
lodi ogn'un ciò che vuole  
la chiami stella, o sole  
la dica Rosa o Aurora  
io per non far errore  
la vuò chiamar mio Core.

Son in ver son cose belle  
sol e stelle Aurora e Rose  
ma son voci al fin pompose  
Rosa, Aurora e sol e stelle.

No, no, Florinda bella  
s'io per te, per te sola  
già del più fino amore  
che mai regnasse in core  
ho l'alma accesa ed infiamato il petto  
e se del amor mio  
perché perpetuo viva,  
perché perpetuo splenda  
voglio con nodo eterno  
congionta la mia fede a si bel foco:  
No non sarà già mai  
ch'io te chiami, o Florinda  
con si vane parole:  
rosa aurora stella o sole.  
Il perché chi non sa  
loda ogn'amante affè  
che vero ogn'un dirà:  
chi vuol amor d'un dì  
chiami il suo ben così  
chiamar vuol senza spene  
così chiami il suo bene.  
E chi non vede.

Appena ella sponta  
la rosa l'aurora  
che langue tramonta  
né godonsi un' hora  
e per dar lor l'assalto  
stanno le stelle e'l ciel purtroppo in alto.

Sol colui l'indovina  
che vol fatto amante  
la bellezza vicina  
né vuole che'l suo amor compia un istante.

Let any man praise the woman he adores  
As he wishes.  
Let him call her Star or Sun,  
Rose or Dawn;  
I, so as not to err,  
Wish to call her my Heart.

In truth, the sun and the stars, the dawn and rose,  
Are all beautiful things,  
But in the end, the rose, dawn, sun and stars  
Are pompous things.

No, my beautiful Florinda,  
If for you, for you alone,  
My soul burns  
And my breast is inflamed  
From the finest love that ever ruled a heart,  
And if, in order that my love  
May live forever,  
And that it my shine forever,  
I wish to unite my faith with an eternal knot  
To such a beautiful flame:  
Then no, O Florinda,  
I shall never call you  
With such vain words  
As rose, dawn, star or sun.  
For he who does not know  
May in truth praise any lover  
And truly each will say this:  
For he who wishes to love for only a day  
May call his love this way,  
And he who calls without hope  
May thus call his beloved.  
And who does not see this?

For as soon as the rose blooms,  
The dawn languidly sets  
And they are not enjoyed  
For even an hour,  
While the stars and the sky  
Are too high and out of reach.

Only he who wants the beauty nearby  
To be his lover  
Understands this,  
For he does not wish his love to last only an instant.

Io sì sì son così  
vuò vicino il mio bene  
e sempre il voglio,  
così poi lieto scoglio  
la bella Donna mia chiamar mio core  
che'l cor sempre sta meco e meco more.

I, indeed, am like this,  
For I want my beloved beside me  
And I, happily steadfast,  
Will always want  
To call my beautiful woman my Heart,  
For the heart will always be with me and die with  
me.

16. Vidi speciosam (Cant.5:12, 2:1 etc)  
sicut columbam  
ascendentem desuper rivos aquarum,  
cuius inestimabilis odor erat nimis:  
et sicut dies verni circundabant eam  
flores rosarum  
et lily convallium.

I have seen her,  
as beautiful as a dove,  
Rising up over streams of water.  
The fragrance of her clothes was immeasurable.  
And like in the days of spring,  
She was surrounded by roses  
And lilies of the valley.

17. Ego flos campi (Cant. 2:1)  
et lily convallium.  
Sicut lily inter spinas,  
sic amica mea inter filias.  
Sicut malus inter ligna silvarum,  
sic dilectus meus inter filios.

I am the flower of the field,  
And the lily of the valleys.  
As the lily among thorns,  
So is my love among the daughters.  
As the apple tree among the trees of the woods,  
So is my beloved among the sons.

18. Audivi vocem in coelo (Rev. 14:13)  
duorum angelorum dicentium:  
Timente Deum et adorate eum  
et date claritatem illi  
qui fecit caelum et terram,  
mare et fontes aquarum.

I heard the voice in heaven  
Of two angels saying:  
“Fear God, and worship Him,  
And give Him glory  
Who made the heaven and the earth,  
The sea and fountains of waters.”

19. Angelus ad Pastores ait: (Luc. 2:10)  
annuncio vobis gaudium magnum:  
Quia natus est vobis hodie salvator.  
Alleluia.

The angel said to the shepherds:  
“I bring you good news of great joy,  
For to you is born this day  
The Savior of the world.” Hallelujah.

20. Caro mea vere est cibus (Joh. 6:56)  
et sanguis meus vere est potus.  
Qui manducat meam carnem  
et bibit meum sanguinem in me manet  
et ego in illo.  
Venite omnes et comedite  
et inebriamini charissimi,  
venite, comedite omnes  
et bibite vinum quod miscui vobis,  
ego sum panis vivus  
qui de caelo descendit.  
Ipse vivet in aeternum.

My flesh is meat indeed,  
And my blood is drink indeed.  
Whoever eats my flesh  
And drinks my blood abides in me,  
And I in him.  
Come all and eat  
And become intoxicated with the beloved,  
Come and eat, everyone  
And drink the wine that I have mixed for you,  
For I am the living bread  
Which descended from heaven.  
He himself shall live forever.

21. Exaudi Deus orationem meam (Ps. 54)  
et ne despexeris deprecationem meam,  
intende mihi et exaudi me,  
contristatus sum in exercitatione mea,  
et conturbatus sum a voce inimici,  
et a tribulatione peccatoris.

Hear, O God, my prayer  
And despise not my supplication,  
Be attentive to me and hear me.  
I am grieved in my exercise;  
And am troubled at the voice of the enemy,  
And at the tribulation of the sinner.

22. Se del tuo corpo oggi la stampa horrenda  
miro e penso al tormento empio et atroce  
che soffert'hai per me pendendo in croce  
per ch'io da'l tuo martir salute prenda  
com'è che il freddo cor non si raccenda  
che d'amor vann'hor viva fiamma coce?  
Ma lassa quel che giova e quel che noce  
esser non può che ciec'alma comprenda.

If today I gaze upon the terrible marks on your body  
And I think about the cruel and atrocious torment  
That you suffered for me by hanging on the cross  
So that from your martyrdom I might receive salvation,  
How is it that my cold heart is not rekindled  
Which now burns with the living flame of vain love?  
Alas, that which is beneficial and that which harms  
Cannot be understood by a blind soul.

Però Signor che vedi quanto errore  
la ment'ingombri e'l suo vedere appanni,  
allumma homai le mie tenebre oscure  
che se scorta sarò dal tuo splendore  
spero pentita de' miei mal spesi anni  
a te ridurmi e in te poner mie cure.

But Lord, you who see how much error  
Encumbers the mind and clouds its sight,  
Now illuminate my dark shadows,  
For if I will be accompanied by your splendor  
I hope, repented of my ill spent years,  
To return to you and place within you my cares.

23. Quem vidistis Pastores?  
dicte, annuntiate nobis in terris quis apparuit.  
Natum vidimus et choros angelorum  
collaudantes dominum,  
dicte quid nam vidistis  
et annuntiate Christi nativitatem.

Whom have you seen, O shepherds?  
Speak, tell us, who has appeared on earth?  
“A child we saw, and choirs of angels  
Praising the Lord.”  
Tell us what you saw  
And proclaim the birth of Christ.

